Your main commentary should be focused on the use of **ING forms**. Other topics may also be addressed.

The pass was high and wide and he jumped for it, feeling it slap flatly against his hands, as he shook his hips to throw off the halfback who was diving at him. The center floated by, his hands desperately brushing Darling's knees as Darling picked his feet up high and delicately ran over a blocker and an opposing lineman on a jumble on the ground near the scrimmage line. He had ten yards in the clear and picked up speed, breathing easily, feeling his thigh pads rising and falling against his legs, listening to the sound of cleats behind him, pulling away from them, watching the other backs heading him off, toward the sideline, the whole picture, the men closing in on him, the blockers fighting for position, the ground he had to cross, all suddenly clear in his head, for the first time in his life not a meaningless confusion of men, sounds, speed. He smiled a little to himself as he ran, holding the ball lightly in front of him with his two hands, his knees pumping high, his hips twisting in the almost girlish run of a back in a broken field. The first halfback came at him and he fed him his leg, then swung at the last moment, took the shock of the man's shoulder without breaking stride, ran right through him, his cleats biting securely into the turf. There was only the safety man now, coming warily at him, his arms crooked, hands spread. Darling tucked the ball in, spurted at him, driving hard, hurling himself along, his legs pounding, knees high, all two hundred pounds punched into controlled attack. He was sure he was going to get past the safety man. Without thought, his arms and legs working beautifully together, he headed right for the safety man. Stiff-armed him, feeling blood spurt instantaneously from the man's nose onto his hand, seeing his face go awry, head turned, mouth pulled to one side. He pivoted away, keeping the arm locked, dropping the safety man as he ran easily toward the goal line, with the drumming of cleats diminishing behind him. How long ago? It was autumn then, and the ground was getting hard because the nights were cold and leaves from the maples around the stadium blew across the practice fields in gusts of wind, and the girls were beginning to put polo coats over their sweaters when they came to watch practice in the afternoons...

Fifteen years. Darling walked slowly over the same ground in the spring twilight, in his neat shoes, a man of thirty-five dressed in a double-breasted suit, ten pounds heavier in the fifteen years, but not fat, with the years between 1925 and 1940 showing on his face. The coach was smiling quietly to himself and the assistant coaches were looking at each other with pleasure the way they always did when one of the second stringers suddenly did something fine, bringing credit to them, making their $2,000 a year a tiny bit more secure.

40 Darling trotted back, smiling, breathing deeply but easily, feeling wonderful, not tired, though this was the tail end of practice and he'd run eighty yards. The sweat poured off his face and soaked his jersey and he liked the feeling, the warm moistness lubricating his skin like oil. Off in a corner of the field, some players were punting and the smack of leather against the ball came pleasantly through the afternoon air. The freshmen were running signals on the field and the quarterback's sharp voice, the pounds of the eleven pairs of cleats, the "Dig, now *dig!" of the coaches, the laughter of the players somehow made him feel happy as he trotted back to the mid-field, listening to the applause and shouts of the students along the sidelines, knowing that after that run the coach would have to start him Saturday against Illinois. Fifteen years, Darling thought, remembering the shower after the workout, the hot water steaming off his skin and the deep soapsuds and all the young voices singing with the water streaming down and towels going and managers running in and out and the sharp sweet smell of oil of wintergreen and everybody clapping him on the back as he dressed, and Packard, the captain, who took being captain very seriously coming over to him and shaking him his hands and saying, "Darling, you're going to go places in the next two years".

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